
**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION**
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): March 30, 2016

SUPERIOR ENERGY SERVICES, INC.

(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction)

001-34037
(Commission
File Number)

75-2379388
(IRS Employer
Identification No.)

1001 Louisiana Street, Suite 2900
Houston, Texas
(Address of principal executive offices)

77002
(Zip Code)

(713) 654-2200
(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligations of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On March 30, 2016, the executive officers of Superior Energy Services, Inc. requested, with the approval of the Compensation Committee of the Board of Directors, to take a voluntary 15% base salary reduction effective as of April 1, 2016, as one of a number of cost saving measures implemented in response to the steep and sustained downturn in the price of oil. These reduced base salaries will be used for purposes of calculating potential benefits available to our executives under the Company's salary-based benefit plans and programs.

Item 8.01. Other Events.

On March 30, 2016, consistent with the base salary reductions taken by the executive officers, the Nominating and Corporate Governance Committee of the Board of Directors recommended, and the Board of Directors approved, a 15% reduction in the annual director retainer effective as of April 1, 2016.

Additionally, on March 31, 2016, the Company announced that its Board of Directors had approved management's recommendation to eliminate the Company's quarterly dividend program. A copy of the Company's press release announcing the decision is attached as Exhibit 99.1 and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

<u>Exhibit Number</u>	<u>Description</u>
99.1	Press release issued by Superior Energy Services, Inc., March 31, 2016.

1001 Louisiana St., Suite 2900
Houston, TX 77002
NYSE: SPN
(713) 654-2200



FOR FURTHER INFORMATION CONTACT:
Paul Vincent, VP – Investor Relations,
(713) 654-2200

SUPERIOR ENERGY SERVICES ELIMINATES QUARTERLY DIVIDEND

HOUSTON, March 31, 2016 – Superior Energy Services, Inc. (NYSE: SPN) announced today that, following a recommendation of the Company’s management team, its Board of Directors has approved the elimination of the Company’s quarterly dividend.

David Dunlap, President and CEO, commented, “The elimination of our dividend is consistent with our goal of preserving cash during this downturn. Also in line with this goal, our executive officers have all taken reduced base salaries. We will continue to be thoughtful in our approach to uses of cash and cost reductions in the future and will attempt to maintain as much readiness for a recovery as possible. This downturn has been severe in extent and duration but we believe our cost reduction efforts will allow for improved financial performance when industry spending levels begin to increase.”

Superior Energy Services, Inc. serves the drilling, completion and production-related needs of oil and gas companies worldwide through its brand name drilling products and its integrated completion and well intervention services and tools, supported by an engineering staff who plan and design solutions for customers.

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